

Salads

Caesar Romaine lettuce tossed with croutons & our signature Caesar dressing, garnished with freshly grated Romano cheese.....\$7.45
Topped with grilled chicken.....\$9.95

Avocado Romaine lettuce topped with sliced avocado, gorgonzola cheese & walnuts, garnished with orange slices & red onions, finished with our Mango Vinaigrette.....\$9.45
Topped with grilled chicken.....\$11.95
Topped with chicken salad.....\$11.95
Topped with shrimp salad.....Market

Garden Mushrooms, carrots & croutons atop a bed of mixed greens, tomatoes, egg wedges and sprouts, served with your choice of dressing.....\$7.45
Topped with avocado.....\$8.45

Grilled Chicken Grilled & sliced chicken breast, mushrooms, carrots & croutons atop a bed of mixed greens, garnished with tomatoes, egg wedges & sprouts served with your choice of dressing.....\$9.95

Chicken Salad All white chicken breast, celery, mayonnaise & walnuts blended together atop a bed of mixed greens, garnished with tomato wedges & sprouts, served with your choice of dressings.....\$9.75

Shrimp Salad A delicious blend of shrimp, mayonnaise, celery & green onions atop a bed of mixed greens, garnished with tomato & egg wedges, served with your choice of dressing.....Market

Tuna Salad All white tuna, celery & mayonnaise atop a bed of mixed greens, garnished with tomato wedges & sprouts, served with your choice of dressing.....\$9.75

Egg Salad Eggs mixed with mayonnaise & celery atop a bed of mixed greens, garnished with tomato wedges & sprouts, served with your choice of dressing\$7.25

Greek Mixed greens topped with feta cheese, red onions, green peppers, cherry tomatoes & calamata olives, finished with our Greek dressing and served with pita wedges.....\$7.45
Topped with grilled chicken.....\$9.95

Tomato, Onion, Avocado Freshly sliced tomatoes, red onions, feta cheese, calamata olives and sliced avocado finished with olive oil and balsamic vinegar atop green leaf lettuce, served with pita wedges.....\$8.45
Topped with grilled chicken.....\$10.95

Roquefort Hearts of palm, artichoke hearts, bacon, egg, cherry tomatoes & crumbled bleu cheese atop a bed of mixed greens, served with Bleu Cheese Vinaigrette.....\$10.45
Topped with grilled chicken.....\$12.95

Spinach Salad Fresh spinach, crumbled bacon, sliced mushrooms, red cabbage, egg wedges, and roasted almonds, served with our homemade Sweet Onion Vinaigrette.....\$8.45
Topped with grilled chicken.....\$10.95

Pasta Salad Penne pasta, fresh zucchini, broccoli & tomatoes tossed in a seasoned olive oil.....\$6.25

Side Salads

A smaller version of our classic salads for a light lunch or to compliment a soup, a sandwich, or quiche.
Choice of Caesar, Pasta, or Toss Salad.....\$4.75

Dressings

Caesar*
Poppyseed
Mango Vinaigrette
Sweet Onion Vinaigrette
Bleu Cheese
Low Fat Ranch
Greek Dressing*
Honey Mustard Bacon
Bleu Cheese Vinaigrette*
Honey Balsamic Vinaigrette

* Low Sugar Dressings

Fat Free Dressings

Italian
Honey Dijon

A serving of dressing is 4oz.
Additional dressings are \$.80

Sandwiches

Chicken Salad Our freshly made chicken salad on seven grain bread dressed with mayonnaise, green leaf lettuce, and tomato\$6.95

Smoked Turkey Thinly sliced smoked turkey served on seven grain bread dressed with mayonnaise, green leaf lettuce, and tomato.....\$6.25

Caffe Club - Ham or Turkey Your choice of ham or turkey with Swiss cheese, bacon, lettuce, sliced tomato and a honey mustard spread on toasted sourdough bread.....\$8.45

Tuna Salad Our all white tuna served on seven grain bread dressed with mayonnaise, green leaf lettuce and tomato.....\$6.95

Egg Salad Served on seven grain bread dressed with mayonnaise, green leaf lettuce, and tomato.....\$5.75

Shrimp Salad A delicious blend of shrimp, mayonnaise, celery and green onions served on a toasted croissant and dressed with mayonnaise, green leaf lettuce and tomato.....Market

Grilled Chicken Our special marinated chicken breast grilled and served on a toasted croissant, dressed with fresh snow peas and a honey mustard spread.....\$7.95

Corned Beef Our seasoned and slow cooked corned beef brisket is a favorite served on toasted marbled rye with lettuce, mayonnaise and dijon mustard.....\$8.75

Grilled Caesar Pita Romaine lettuce tossed with seasoned croutons and our signature Caesar dressing, topped with grilled chicken in a fold-over pita bread.....\$7.45

Pita or sourdough may be substituted at no additional charge.

Substitute Croissant....\$.90 Substitute Rye Bread....\$.60

Wraps

Chipotle Chicken Wrap Grilled chicken, Swiss cheese, lettuce and our homemade chipotle sauce all in a whole wheat wrap.....\$6.75

Greek Chicken Wrap Grilled chicken, feta cheese, red onions, green peppers, cherry tomatoes, calamata olives, and our Greek dressing in a whole wheat wrap.....\$6.95

Avocado Wrap Sliced avocado, provolone cheese, fresh spinach and mayonnaise all in a whole wheat wrap.....\$6.75

Veggie Wrap Cream cheese, sliced avocado, carrots, mushrooms, tomato, green leaf lettuce, and sprouts.....\$6.25

Soups

Homemade Soup.....cup \$4.25bowl \$5.45

Seafood Soup*.....Market.....Market

*Seafood Soup served on Fridays when available.

Caffe Combinations

Select 2 of the following:
cup of soup • small salad • half sandwich
\$7.95

Salad Choices: Choose from a small Caesar salad, pasta salad or small toss salad.

Half Sandwich Choices: Turkey, chicken salad, tuna salad, egg salad, Caffe Club, or the sandwich of the day.

Soup Choice: Choose one of our soups of the day.

The above combinations served with a bowl of soup....add \$.75

Quiche

Our signature vegetarian quiche is a blend of eggs, cream, broccoli, mushrooms, caramelized onions, red and yellow peppers, then topped with Swiss cheese and baked to perfection in a flaky pie crust. Great for breakfast, lunch or dinner!.....\$5.95
Quiche served with a cup of soup, small salad, or half sandwich from the above choices.....\$8.95

Just for Kids

Choice of grilled cheese or a PB&J served with seasonal fresh fruit and Goldfish crackers\$4.95
Choice of half turkey or half ham sandwich served with seasonal fresh fruit and Goldfish crackers\$3.95

Children 12 years and under may add a 12 oz. fountain drink to a "Just for Kids" meal for an additional \$1.

Extras

Avocado.....\$1 Cheese.....\$.75 Pita Bread.....\$.75
Soupbreads.....\$.75 Dressing.....\$.80 Chips.....\$.92